

Dear Valued Patients

Things will be changing as each day passes. Therefore, as things change, we will continue to update you.

Wow, what a whirlwind. The coronavirus news is changing moment to moment. Yesterday, I gave an interview on the Larry Elder Show hosted by Larry Marino and I noted that never have I made decisions on treatment based on new information flowing so fast. Usually a new finding is researched and announced. Then we wait for the drug to be released or procedure to be taught. Hospitals and doctors slowly incorporate the new items into their routine. But yesterday, because of the free flow of information between countries and the openness of our healthcare community, I started with one approach to coronavirus in the morning, changed it in the afternoon and then changed it once more toward the evening.

Hopeful Signs

Yesterday, it was announced that Plaquenil (hydroxychloroquine) was showing very promising results. Hydroxychloroquine or Plaquenil is an older malaria drug which is also used to treat rheumatic diseases, such as rheumatoid arthritis and lupus. In a result from France, a non-randomized, unblinded study of 24 patients taking this drug showed remarkable benefit with marked reduction in viral load. After 6 days, the percentage of patients testing positive for COVID-19 who received hydroxychloroquine fell to 25% vs. 90% who did not receive treatment. (<https://www.medscape.com/viewarticle/927033>).

In further studies that are awaiting review, the addition of azithromycin (Zithromax) appeared to be even more effective. If all this is as good as it appears, this could be a real game-changer as both drugs are well-known and have been available for years. Call me “very hopeful.”

Another drug that appears to be very useful in hospitalized patients is remdesivir. This is a new drug initially developed with Ebola virus in mind. But it is now being tested on actual patients with coronavirus. This is only available intravenously, so don't go asking your pharmacy for a prescription.

It is truly heartwarming that Novartis and Teva are donating millions of doses of hydroxychloroquine to fight this entity. These are private companies doing their best.

Please remember, the supply is very limited so far. If everyone goes out and gets the medicine now before they are sick, we will not have enough to treat patients who are ill right now and in dire need of the medication. If you are ill with suspected coronavirus, discuss all options with your doctor.

Finally, immunomodulators and other therapies are under investigation. Interleukin-6 (IL-6) inhibitors may ameliorate severe lung damage caused by COVID-19. There are several other broad-spectrum antiviral agents being tested in the USA and Japan. Unfortunately, a combination pill containing two HIV drugs that was touted as a potential treatment was not effective according to a study released late Wednesday in the New England Journal of Medicine.

Communication

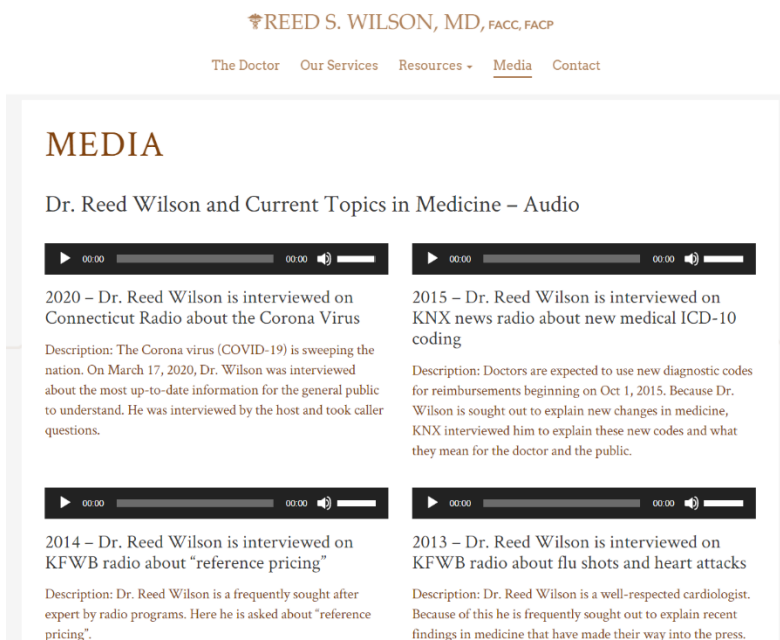
We are getting an overwhelming positive response to our videoconferencing. Understanding the shortcomings of not being able to actually listen to patients' lungs or do other parts of a pertinent exam, we have been able to help many individuals at very low cost. If you wish a videoconference just call our

offices and download WhatsApp onto your phone. Our staff will tell you the number to connect and give you a time.

Interviews

I have given three interviews so far, the earliest was with a radio station in Connecticut. It was done on Wednesday at 7 AM and things have changed remarkably since then. If you wish to listen, here is the information.

- Please go to <http://reedwilson.com/media/>.
- Go to an audio titled 2020- Dr. Reed Wilson is interviewed on Connecticut Radio about the Corona Virus. Remember this information was as of Wednesday morning. The webpage should look something like this, but will change as new interviews are added



I gave another interview for Los Angeles on Wednesday at noon for the weekend, but things have changed so drastically that we re-recorded it this morning. When I have further information, I will supply it if you wish to listen.

Thursday night I gave an interview to Larry Marino who guest hosted the Larry Elder show and provided up-to-date information as of that time.

I will post copies of these interviews for you to listen to as soon as they become available. They will be at <http://reedwilson.com/media/> and <https://privatepracticedoctors.com/media/>

Ibuprofen and NSAIDS

Regarding a previous article on the WHO recommendation regarding Ibuprofen. Dr. Anthony Fauci, the director of the National Institute of Allergy and Infectious Diseases said that there is no solid evidence to support the theory that anti-inflammatory drugs like ibuprofen could worsen the effects after the

French health minister urged people to avoid the drug. This does not change the fact that Tylenol is a good drug when taken as directed for fever and joint pain from coronavirus. I have gotten a few calls about taking aspirin if you are on it for your heart problems. **You should not be stopping your aspirin if you have been prescribed it by your doctor.** Patients are to call their doctors before stopping any medication. For example, patients with coronary artery disease and stents need to take their aspirin as directed.

I know everyone is under a great deal of stress over this pandemic. But we will come out of this better and stronger. I realize this is no solace to those who have passed away or their family members but realize that if you or your relatives are sick there is no better country for you to be in to fight this disease. We have the best doctors, nurses, researchers, companies and people in the world. We are all in this together.

If you have a person living next to you who is elderly and has no one, please check in on them to make sure they are OK. Ask them if they need supplies. If you know someone disabled or ill, check in at least by phone or text, let them know you care and are available.

I will try to continue to keep you up to date.